

Cozy Home

# Friendship and Change



Learning & Activity Packet 9



Dear Families

Welcome to the Learning & Activity Packet we have prepared to extend the thinking and learning that were explored in our Cozy Corner offering! Cozy Arts believes that learning is something that happens together, and we are excited to learn with you.

In this packet, we explore the themes of friendship and change. As you saw in "I Spy Butterfly" change is hard - even when you're as bold and creative as Trudy. We also learned that change is an important part of life that often can surprise us with new challenges and fun adventures.

Our philosophy of "learning together" is built on the principles of Feelings, Friendship, and Fairness. Growing out of these principles, the activities that we present to you in this packet support the development of crucial social-emotional skills in tangible ways. They also provide concrete connections to other people and to the community, and are oriented towards justice in ways that children can easily understand. If you want to know more about our learning philosophy, please visit [LEARN WITH US.](#)

Each Learning & Activity Packet contains arts-based projects, ideas, conversation prompts, book suggestions, and resources - all thoughtfully crafted and collected to support and extend the learning that began with Rory and our other Cozy Corner friends.

Together, we are building a learning community, so please share your input and suggestions about different activities and conversations you have about friendship and change! We also invite you to send us photos and stories of you putting this learning into action - we would love to share them on our website! To send us your ideas and stories, please email them to [share@cozyarts.org](mailto:share@cozyarts.org)

On behalf of the Cozy Arts community, I want to thank you for joining us on this journey.

A handwritten signature in grey ink, appearing to read "Faye Dupras", with a stylized flourish at the end.

Faye Dupras  
Founder, Artistic Director

# KID'S COZY COMIC!

An interactive letter for children



## COZY WORDS

Cozy Corner is informed by the qualities of kindness, empathy, respect, fairness, equity, and trust. The words we use are important and shape the ways in which we behave in the world around us. Here is a list of words you will hear often in Cozy Corner, and our interpretations of them:

### LOVE

as a core quality that inspires positive actions and attributes

### FRIENDSHIP

an expression of love for others, an infinite resource

### CURIOSITY

fuels learning and helps us expand beyond what we know

### GENEROSITY

a quality of the heart that involves being present with, and open to, others

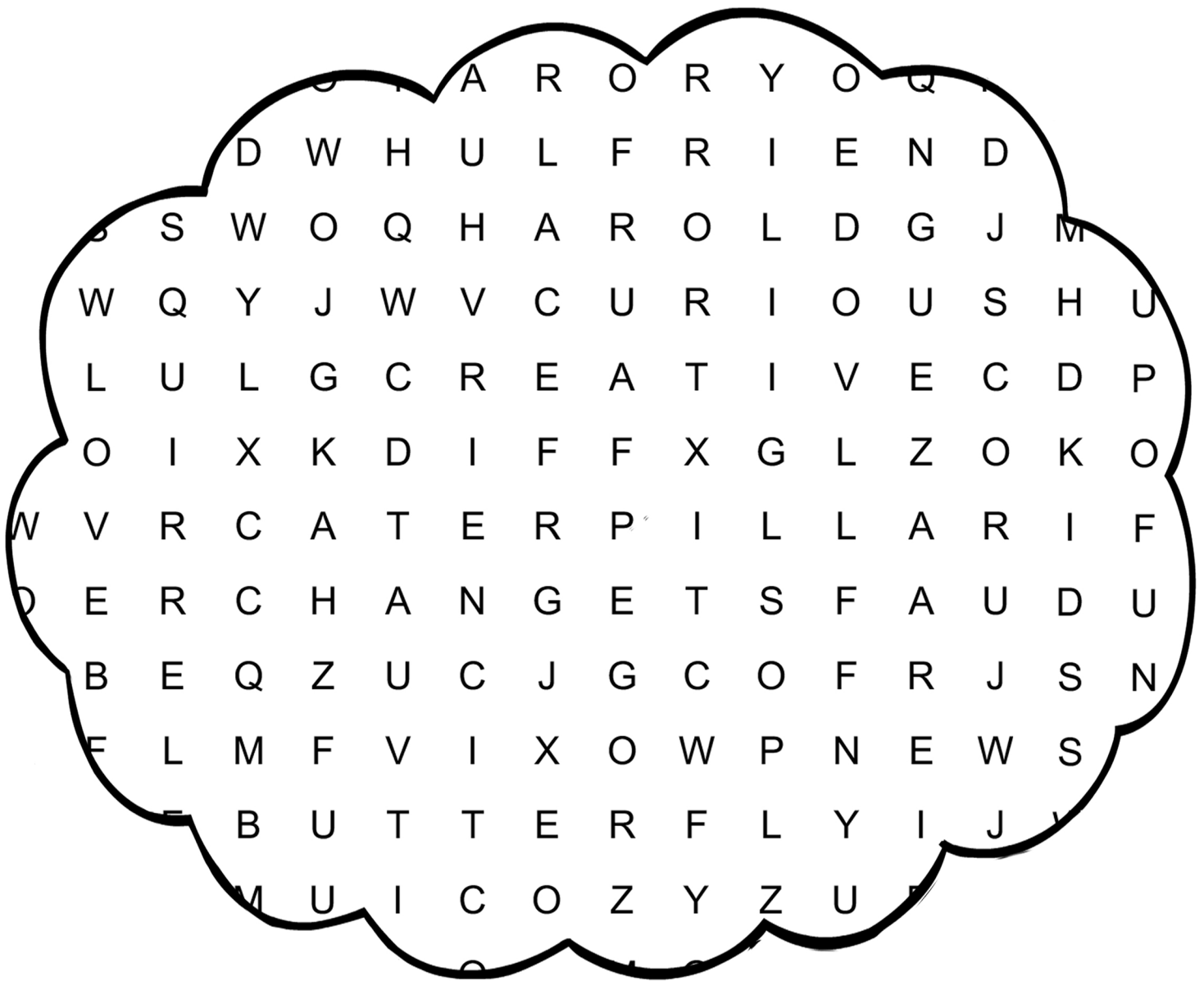
### WELCOMING

an action of expanding our nucleus of friendship to include all peoples,  
both familiar and less familiar to us

### COMMUNITY

a group of people working together towards common goals





HAROLD

CATERPILLAR

NEW

FRIEND

CHANGE

BUTTERFLY

CURIOUS

CREATIVE